

BRISTOL PSYCHOTHERAPY ASSOCIATION - Talks 2019

Monday 14th January

Integrative Medicine – the 'And' rather than the 'Or'

Elizabeth Thompson is a Holistic Doctor and CEO of the Portland Centre For Integrative Medicine. Elizabeth was an undergraduate at Oxford and then Guys Hospital and trained to Consultant level in Palliative Medicine. From early on she became interested in a number of holistic approaches and how we can use non-drug approaches with cancer patients.

Monday 4th February

Umbilical Dynamics: Relationship begins in the womb

Matthew Appleton is a body-psychotherapist working in private practice in Bristol and a member of the International Society of Pre and Perinatal Psychology and Medicine. He facilitates workshops for adults to explore their prenatal and birth experiences, as well as training health professionals to work therapeutically with babies. matthew-appleton.co.uk

Monday 5th March

Healing As Practiced in the UK Today: What is it and what can it achieve?

Dr Paul Dieppe is a doctor who was Professor of Rheumatology in Bristol for about 100 years, and Dean of the Faculty of Medicine, before working in health services research for the Medical Research Council, and then shifting to research on health, wellbeing and healing at the University of Exeter, where he is currently an Emeritus Professor.

Monday 1st April

Therapy - the Art of Love in Action!

Anna Grace-Jacobs has been exploring the interface between therapy, spirituality and shamanism for almost 40 years. As a qualified play/ creative therapist and supervisor she pioneered services in grief and loss. As healer and shamanic practitioner she holds sacred space - her practice is to link and integrate all together. www.openingtothebeloved.co.uk

Monday 20th May

Working With People on the Spectrum

Nick & Corrina Wood have been delivering courses and workshops on Autism since 2008. **Corrina** is a qualified trainer who delivers Autism Awareness Training. She has a MA in Autism. **Nick** is a Counsellor who manages a local authority counselling service and is a National Autistic Society recommended therapist. Corrina and Nick have four children who have a diagnosis of Autism. They draw upon their personal experiences, both within family and professions.

Monday 3rd June

All Parts Are Welcome - An introduction to Internal Family Systems

Liz Martins is a Certified Internal Family Systems therapist and assists on IFS trainings in the UK and Europe. Her original training was in psychosynthesis, and she is also a Certified Sensorimotor Psychotherapist and EMDR accredited. She has a private practice in Bath, and is a supervisor and trainer.

Monday 4th October

Heart and Soul! Preserving therapeutic values within today's challenging climate

Dr Els van Ooijen has a private psychotherapy and supervision practice in Bristol and until recently was a visiting lecturer at the University of South Wales. A member of the Bristol Zen Group, Els has a regular meditation practice. Her forthcoming book is provisionally entitled 'Soul Work: Relational Integrative Therapy in Practice'

Monday 4th November

Transitions - Psychological adjustment to change

James Brennan worked in London teaching hospitals for 10 years and in 1991 established the first UK clinical psychology service in cancer medicine. He also taught at the Bristol Doctorate in Clinical Psychology and UoB medical school for over 20 years. He published an influential paper on psychological adjustment to cancer (2001), and the first UK textbook on supportive care – Cancer in Context (OUP 2004). He has worked as a psychotherapist for nearly 40 years.

Monday 2nd December

Sex, Vulnerability and Power in Therapeutic and Spiritual Settings

Amin (formerly John) Witt has been working with individuals, couples and groups since 1983. Angelica MacArthur-Kline is a Clinical Psychologist who has worked in psychoanalytic, psychotherapeutic and spiritual settings since 1982. She has had a longstanding interest in the requirements and challenges of self realisation in these different settings. They will bring scenarios for discussion that they have witnessed or experienced.

Our venue is the Apostle Room at the Clifton Catholic Cathedral, entrance via Winchester Road. Evening meetings are from 7:30 to 9:15pm (doors open 7:15). Non-members £10 on the door