

BRISTOL PSYCHOTHERAPY ASSOCIATION – Programme 2018

www.bristol-psychotherapy-association.org.uk

Monday 15th January, 2018

Working with Traumatic Memories using Eye Movement Integration - EMI, not EMDR

Annie Robinson is a therapist, supervisor and a former counselling / supervision tutor now in private practice. Trained in the humanistic tradition and Embodied Relational Therapy, her focus is integrative and relational. Her trauma work is influenced by Janina Fisher, Miriam Taylor, energy approaches & EMI training with Eva Pollani. [annierobinsoncounselling](http://annierobinsoncounselling.com)

Monday 5th February, 2018

Exploring The Spaces

Caroline Chalk has been a practicing Psychosynthesis therapist and Alexander Technique teacher for over 30 years. Her passion lies in enabling people to become more fully themselves through exploring the inter-connectedness of body, mind and spirit. She is Head of Training at the Bristol Alexander School. www.carolinechalk.co.uk

Monday 5th March, 2018

Where the Light Gets In - The arts and mental health

Fiona Hamilton wrote Clay Bricks for BBC Radio 3 and Fractures, a collection of poems with visual art. Her book Bite Sized explores mental health in poems, images, dance and associated workshops. Fiona is facilitator in healthcare settings and tutor at Metanoia Institute specialising in therapeutic dimensions of creative writing. fionahamilton.org

Monday 16th April, 2018

Physis in Springtime - The season of growth?

Kerri Warner is a Transactional Analyst and has been in private practice, organisations and charities as a psychotherapist & supervisor for children & adults for 27 years. She is also a lecturer at UWE and South Wales University. Her interests are in working creatively and connecting to spirituality to bring together groups of people.

Monday 21st May, 2018

Working with fragile states of self - baby steps to self compassion

Margaret Landale is an experienced psychotherapist and supervisor. She has been a training director at the Chiron Centre for Body Psychotherapy in London and delivers workshops and talks nationwide on subjects such as somatization, complex trauma and the application of mindfulness in psychotherapy.

Monday 4th June, 2018

Moving Beyond Words" - From Psyche to Soul with Music Imagery Therapy

Helen Mason has over 23 years' experience as a music therapist. She was Lead Arts Psychotherapist in the NHS for 7 years. Helen is a Fellow with the Association of Music and Imagery and has also trained as a couples' therapist. She runs a private practice in both couples' therapy and music imagery therapy. musicimagerytherapy.co.uk

Monday 1st October, 2018

Oedipus Reversed? Are the Younger Generation being Shafted by the Older One?

Deirdre Johnson is a Jungian analyst and supervisor. She has had her own practice for over thirty five years. She teaches on a number of BAPC and UKCP accredited training courses and has given workshops for many CPD programmes in the UK and abroad. Her book, Love: Bondage or Liberation? is published by Karnac Books

Monday 5th November, 2018

Achieving an Authentic Gender Identity through Gender Reassignment

Lynda Quick retired from her position as Lead psychotherapist at the West of England Specialist Gender Identity, The Laurels, Exeter, in March 2018. She had worked for the NHS for 14 years, the last 8 as lead psychotherapist. She has been a guest speaker at national and international conferences. She currently works in private practice with Deaf and Hearing clients.

Monday 3rd December, 2018

On the Value of 'Not Knowing' in the Helping Professions

Angelica MacArthur-Kline qualified as a Chartered Clinical Psychologist in 1984. She took a special interest in the psychotherapies straight away and has worked in and out of the NHS in London and Bristol and she also worked in various settings in California. Angelica transitioned into a full time private practice in Bristol in 2006. As a former professional dancer she has a particular interest in somatic and embodied experience.

All meetings are at the in the Apostle Room at the Catholic Cathedral on Pembroke Road (at the far side of the parking area accessed via Worcester Road).

Evening meetings are from 7:30 to 9:15pm (doors open 7:15). Non-members £10