

BRISTOL PSYCHOTHERAPY ASSOCIATION
2015-2016 Autumn/ Spring/Summer Terms

Monday 5th October, 2015

Sex, Sexuality and Young People: Trials, tribulations and triumphs

Nick Luxmoore is a school counsellor, trainer, teacher, youth worker and UKCP registered Psychodrama psychotherapist. He has over 35 years experience of work with young people and with the professionals who support them. He is the author of eight books and writes a blog for Psychology Today. See: www.nickluxmoore.com

Monday 2nd November, 2015

Smoke Without Fire: The challenges of identifying and working with Parental Alienation

Dr Sue Whitcombe is a counselling psychologist working with those affected by highly conflicted relationship breakdown. Her writing on Parental Alienation has featured in The Psychologist and Counselling Psychology Review and she continues to research in this area. Her social enterprise, Family Psychology Solutions, delivers much needed affordable interventions, training and consultancy. www.familypsychologysolutions.org

Monday 7th December, 2015

Exploring transgender experiences: The self, within family and society

Zoe Thomas is a Counselling Psychologist and programme leader of the UWE Professional Doctorate in Counselling Psychology. She practises from an integrative approach and has experience of working with adults with chronic and complex mental health needs. She has a special interest in Social Justice in Counselling Psychology.

Monday 18th January, 2016

Birth Trauma: The life long consequences on our physical and emotional wellbeing

Matthew Appleton is a body-psychotherapist working in private practice in Bristol and a member of the International Society of Pre and Perinatal Psychology and Medicine. He facilitates workshops for adults to explore their prenatal and birth experiences, as well as training health professionals to work therapeutically with babies. matthew-appleton.co.uk

Monday 1st February, 2016

The Phone Call From Hell: What do we do as a therapist when a sex offender calls?

Juliet Grayson is a UKCP Psychosexual therapist (and supervisor) who has specialised in working with relationships and sexual problems since 1994. She strongly feels that all therapists should be willing and able to discuss sex with all their clients. www.therapyandcounselling.co.uk

Monday 7th March, 2016

The Looser Thread: The Yin and Yang of untangling knots in experience

Rob Porteous spent 28 years teaching English before retraining as a counsellor at BCPC. For the last 15 years he has worked in private practice in Bristol. He was administrator of the C.G.Jung lectures. He is doing an apprenticeship in Movement Medicine and is a volunteer for Bristol Refugee Rights.

Monday 4th April, 2016

Making sense of things - the neglected core of therapy...?

Arthur Musgrave works in private practice in Bristol. Two decades ago he sat on the then BAC's Standards and Ethics Committee. He's now more critical of some of the long-term trends in counselling and psychotherapy.

Monday 16th May, 2016

Spirit Possession - an uninvited visitor in the therapy room?

Xanthe Parkin is a Chiron trained Body Psychotherapist working primarily in London. Intrigued by altered states and the many layers of self which emerge in the consulting room, she has undertaken further extensive trainings in Shamanic Healing and Amanae Energetic bodywork, elements of which she integrates into her psychotherapeutic approach.

Monday 6th June, 2016

Moving from Shame to Compassion in Supervision

Karl Gregory is an integrative counsellor using relational, existential and systems approaches with 18-years of private practice in Brockworth, Gloucestershire. He is co-founder of Severn Talking Therapy (www.severntalkingtherapy.co.uk), established as a vehicle to run an annual supervision conference, a Diploma in Supervision course and workshops.

All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps or level access through front of church to lift).

Evening meetings are from 7:30 to 9:15pm (doors open 7:15). Non-members £10