

TALKS AND WORKSHOPS ON Counselling & Psychotherapy

BRISTOL PSYCHOTHERAPY ASSOCIATION

2014- 2015

What is the BPA?

The Bristol Psychotherapy Association (BPA) was established in 1977 to foster the development of psychotherapeutic work in Bristol.

The BPA is an independent organisation which promotes the practice, study and teaching of counselling and psychotherapy. It does not itself provide training or accreditation, although CPD certificates are issued to attendees on request.

Evening meetings are normally held on Mondays in The Randall Room of All Saints Church at the Pembroke Road end of Alma Vale Road.

Guest speakers come from a wide range of therapeutic disciplines.

Meetings

Meetings are free to members with an entrance charge (currently £10) for non-members. Refreshments are available during the evening. A bookstall may be provided at certain meetings.

Membership

Membership is open to anyone whose work or training involves them in practice, education or training in psychotherapy, counselling or related fields. Application forms can be obtained from the membership secretary or other committee members. Applicants should be supported by two existing members but if you do not know any BPA members or are new to the area, please feel free to introduce yourself to a member of the committee.

Special student discount this academic year – see website for details!

Website

The BPA Website includes information about forthcoming events, links to further material from speakers and other contributions of interest.

www.bristol-psychotherapy-association.org.uk

Committee

Josie Eckoldt (Chair)
0117 962 8854
info@artspsychotherapynetwork.com

Jim Sidgwick
0117 962 3419
jimsidgwick@gmail.com

Terry Davey
0117 330 5336
terry@fulcrumhouse.co.uk

Cyrous Keyani
0117 909 0291
ckeyani@yahoo.co.uk

Administrator and Membership Secretary

Jan Simpson
0117 950 9059
janmesimpson@gmail.com

BRISTOL PSYCHOTHERAPY ASSOCIATION

If you would like to join BPA, or would like further information about membership, please complete and return this slip to:
BPA Membership Secretary, 8 Longford Avenue, Bristol BS10 5LL

Name..... Tel.....

Address.....

..... Postcode:.....

email:.....

BRISTOL PSYCHOTHERAPY ASSOCIATION

2014- 2015 Winter/ Spring/Summer Terms

Monday 6th October, 2014

What's Wrong with Porn? - An exploration of the pleasure, the power and the perils of pornography

Paula Hall is a UKCP psychotherapist who specialises in sex and pornography addiction. She provides individual therapy and treatment programmes for people who struggle with compulsive behaviours and training for professionals who work with them. She is author of *Understanding & Treating Sex Addiction* (Routledge 2013) and is Chair of ATSAC.

www.paulahall.co.uk

Monday 3th November, 2014

From Short Term Fix to Relational Psychotherapy: Exploring the continuum of CBT

Jacqui Porter is interested in what links – and divides - different therapeutic models and will be exploring perceptions of 'CBT'. After becoming Chartered as a Counselling Psychologist she completed four years post-graduate training in CBT and now provides therapy, supervision and training. Info: jacquiporther.co.uk

Monday 1st December, 2014

When a Monster Calls: Weaving a fabric of resources and resilience to support bereaved families

Kacey Leader leads the Bereavement Support and Counselling Services at St. Margaret's Somerset Hospice, teaches on the degree modules in specialist palliative care accredited by Plymouth University and co-leads two day therapeutic workshops for bereaved children and families. someset-hospice.org.uk/Patient+Care/Bereavement+services

Monday 19th January, 2015

Voice and Psyche: Sound, body, feelings and brain

Christina Shewell works internationally as voice coach/therapist in theatre, business and clinical settings, and was senior lecturer in voice and counselling skills at UCL. She is now a voice teacher for the Marion Woodman Foundation Body-Soul-Rhythms workshops. Her book, 'Voice Work: Art and Science in Changing Voices', addresses the continuum of normal-abnormal voice. shewellvoice.com

Monday 2nd February, 2015

Poetry, Healing and the Curious Soul: An experiential poetry reading

William Ayot is a poet, author, ritualist, and teacher. His three collections of poetry include *E-mail from the Soul*, (People's Book Prize Winner). He led initiatory Rites of Passage, set up the charity NaCOT, and runs "On the Border", the poetry series in Chepstow. He is currently Poet-in-Residence at Oxford University's Said Business School. williamayot.com

Monday 2nd March, 2015

Smoke Without Fire: The challenges of identifying and working with Parental Alienation

Dr Sue Whitcombe is a counselling psychologist working with those affected by highly conflicted relationship breakdown. Her writing on Parental Alienation has featured in *The Psychologist* and *Counselling Psychology Review* and she continues to research in this area. Her social enterprise, Family Psychology Solutions, delivers much needed affordable interventions, training and consultancy.

Monday 20th April, 2015

Every Picture Tells a Story: Engaging with a client's spontaneous use of drawings and sculpture

Brendan McLoughlin trained and then taught at the WPF from 1980. He was Chair of FPC and the Analytic Network. A former monk, he practises from a contemplative perspective. He is the author of *Developing Psychodynamic Counselling*, (Sage 1995). He is interested in the nature of mind and of difference. bjmcounsellingpsychotherapy.co.uk

Monday 18th May, 2015

Moments of Presence and Insight - clinical reflections on working with complex emotional processes

Margaret Lansdale is an experienced psychotherapist, supervisor and trainer. She was training director at the Chiron Centre for Body Psychotherapy in London and delivers CPD workshops and talks nationwide. She is particularly interested in working with complex trauma and the integration of mindfulness and compassion in psychotherapy. landale.uk.com

Monday 1st June, 2015

The Case of the Wiggly Seat

Nigel Wellings is a psychoanalytic psychotherapist and author who has a long interest in the relationship between psychotherapy and Buddhism and is a facilitator on The Bath and Bristol Mindfulness Courses. His most recent book *Why Can't I Meditate? How to get your mindfulness on track* will be published by Piatkuis February 2015.

All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps or level access through front of church to lift).

Evening meetings are from 7:30 to 9:30pm (doors open 7:15). Non-members £10