

**TALKS AND WORKSHOPS ON**  
**Counselling & Psychotherapy**

**BRISTOL PSYCHOTHERAPY ASSOCIATION**

2013- 2014

**What is the BPA?**

The Bristol Psychotherapy Association (BPA) was established in 1977 to foster the development of psychotherapeutic work in Bristol.

The BPA is an independent organisation which promotes the practice, study and teaching of counselling and psychotherapy. It does not itself provide training or accreditation, although CPD certificates are issued to attendees on request.

Evening meetings are normally held on Mondays in The Randall Room of All Saints Church at the Pembroke Road end of Alma Vale Road (postcode for sat-nav BS8 2HN).

Guest speakers come from a wide range of therapeutic disciplines.

**Meetings**

Meetings are free to members with an entrance charge (currently £10) made for non-members. Refreshments are available during the evening. A bookstall may be provided at certain meetings.

**Membership**

Membership is open to anyone whose work or training involves them in practice, education or training in psychotherapy, counselling or related fields. Annual membership is currently £45 - application forms can be obtained from the membership secretary or other committee members. These ask for details of training and experience and applicants should be supported by two existing members. However, if you do not know any BPA members or are new to the area, please feel free to introduce yourself to a member of the committee.

**Website**

The BPA Website includes information about forthcoming events, articles, letters and other contributions of interest.

[www.bristol-psychotherapy-association.org.uk](http://www.bristol-psychotherapy-association.org.uk)

**Committee**

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**Administrator and Membership Secretary**

Jan Simpson  
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**BRISTOL PSYCHOTHERAPY ASSOCIATION**

If you would like to join BPA, or would like further information about membership, please complete and return this slip to:  
**BPA Membership Secretary, 8 Longford Avenue, Bristol BS10 5LL**

Name..... Tel.....

Address.....

Postcode:.....

email:.....

# BRISTOL PSYCHOTHERAPY ASSOCIATION

## 2013- 2014 Autumn/ Spring/Summer Terms

**Monday 7th October, 2013**

### **Story, Therapy, Fiction - The Narrative Experience**

**Jude Higgins** is a former Gestalt Psychotherapist who now co-runs Writing Events Bath and is also a co-founder of the Bath Short Story Award. She has an MA with Merit in Creative Writing from Bath Spa University, has won prizes in short story competitions and is currently completing her début novel.

**Monday 4th November, 2013**

### **Energy Psychology: Balance and trauma**

**LouAnne Lachman** trained in Core Process Psychotherapy (1995), Meridian Therapy (2000) and Chemical Dependency Counselling (2002). She has a BSc in Psychology and is accredited by BACP and AMT (Association for Meridian and Energy Therapies). She is passionate about the use of meridian therapies in counselling. [www.energycounselling.co.uk](http://www.energycounselling.co.uk)

**Monday 2nd December, 2013**

### **A Sexual Taboo: Working with sexually harmful behaviour in people who have experienced sexual abuse**

**Angela McCormack** is a UKCP registered psychotherapist specialising in sexual trauma. She works in private practice and at The Green House Bristol. A former director of ChildLine/NSPCC she is also a supervisor, trainer and independent consultant. She is an integratively trained transpersonal psychotherapist who uses Hakomi-based body-mindfulness.

**Monday 20th January, 2014**

### **Introducing Formative Psychology: The method created and developed by Stanley Kelleman**

**John Witt** first came into contact with Humanistic Psychotherapy in 1977 and trained in approaches including Psychosynthesis, Primal Work, and massage. He was a staff member with Spectrum (London) from 1988-95. In 1999 he relocated to the South West and now practices in Bristol from the Alma Vale Centre which he co-founded in 2001.

**Monday 3rd February, 2014**

### **Working with Dreams: Introducing the most effective techniques - illustrated by a clinical example entitled 'Flying High Over America'**

**Matthew Harwood** is a Jungian Analyst with a private practice in the Bath/Bristol area. He trained in Zurich and is a senior member of IGAP. He has lectured widely at home & overseas. He also runs a weekly dream group & regular group-therapy workshops using Pesso Boyden psychotherapy. [www.matthewharwood.co.uk](http://www.matthewharwood.co.uk)

**Monday 3rd March, 2014**

### **Do horses just yawn or is it a graphic illustration reflecting the clients process?**

**Miranda Carey** has incorporated Equine Facilitated Psychotherapy into her work with individuals & groups over the past eight years. She combines a somatic, systemic, shamanic approach with her herd of horses. Miranda brings to her work twenty years of Counselling with a wide variety of issues. [www.ehwaz.co.uk](http://www.ehwaz.co.uk)

**Monday 7th April, 2014**

### **1+1=1? Relationship as the primary unit of existence:**

#### **An experiential exploration of individual and couples therapy from a relational perspective**

**David Slattery** has been working in the field of mental health for 30 years. Initially in the voluntary sector and for the last 25 years in private practice as a psychotherapist. He has been a faculty member at BCPC for 15 years, teaching on all stages of both the counselling and psychotherapy diplomas. He also teaches 'relational couples therapy.'

**Monday 19th May, 2014**

### **Life After Death – Three Decades of HIV Counselling**

**Pete Connor** works as Centre Manager and Counselling Coordinator for Terrence Higgins Trust West in Bristol, having counselled for the past 25 years. He has also taught on the MSc in Counselling at Bristol University for 17 years and on the MA in Psychosynthesis at the Psychosynthesis and Education Trust in London.

**Monday 2nd June, 2014**

### **Mindfulness, Compassion and Bullshit - Does spirituality really have something to offer psychotherapy?**

**William Bloom** is often described as the UK's leading mind-body-spirit teacher and author. His books include The Endorphin Effect and The Power of Modern Spirituality. He is the founder of the Spiritual Companions Trust. His background includes three years psychoanalysis, a doctorate in social psychology and experience of most psychotherapeutic approaches. [www.williambloom.com](http://www.williambloom.com)

**All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps - disabled access via church front entrance and lift ). Evening meetings are from 7:30 to 9:15pm.**