

TALKS AND WORKSHOPS ON
Counselling & Psychotherapy

BRISTOL PSYCHOTHERAPY ASSOCIATION

2011- 2012

What is the BPA?

The Bristol Psychotherapy Association (BPA) was established in 1977 to foster the development of psychotherapeutic work in Bristol.

The BPA is an independent organisation which promotes the practice, study and teaching of counselling and psychotherapy. It does not itself provide training or accreditation.

Evening meetings are normally held on Mondays in The Randall Room of All Saints Church at the Pembroke Road end of Alma Vale Road.

Guest speakers come from a wide range of therapeutic disciplines.

Meetings

Meetings are free to members with a small charge made for non-members. Refreshments are available during the evening. A bookstall may be provided at certain meetings.

Membership

Membership is open to anyone whose work or training involves them in practice, education or training in psychotherapy, counselling or related fields. Application forms can be obtained from the membership secretary or other committee members. These ask for details of training and experience and applicants should be supported by two existing members. However, if you do not know any BPA members or are new to the area, please feel free to introduce yourself to a member of the committee.

Website

The BPA Website includes information about forthcoming events, articles, letters and other contributions of interest.

Committee

Josie Eckoldt (Chair)
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Frankie McGibney
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Jim Sidgwick
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Administrator and Membership Secretary

Jan Simpson
0117 950 9059
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If you would like to join BPA, or would like further information about membership, please complete and return this slip to: **BPA Membership Secretary, 8 Longford Avenue, Bristol BS10 5LL**

Name.....Tel.....

Address.....

www.bristol-psychotherapy-association.org.uk

BRISTOL PSYCHOTHERAPY ASSOCIATION

2011- 2012 Winter/ Spring/Summer Terms

Monday 3rd October, 2011

Focusing

Barbara McGavin, together with Ann Weiser Cornell have been developing Inner Relationship Focusing since 1994, exploring Focusing in some of the most difficult areas of life. Barbara is Certifying Coordinator for the Focusing Institute as well as Accrediting Mentor for the British Focusing Teachers' Association.

Monday 7th November, 2011

Reflections on the impact of addiction on society and self: how we can all contribute to a 21st century Recovery model.

Dean Gustar is a qualified counsellor and supervisor who has worked in the field of addiction for the last 10 years. Currently he is the Treatment Service Manager at the Addiction Recovery Agency based in Bristol.

Monday 5th December, 2011

The Trauma of Exile

Born in Kurdistan, Adil Jaifar was forced to flee because of his struggles against an oppressive regime and threats to his life. During his 30 years in exile he has worked voluntarily as an interpreter, and for 14 years has given help and support to other exiled and traumatised people.

Monday 16th January, 2012

IN & OUT OF THE FRAME: An exploration of the dance between Shamanic practice and Psychotherapy

Anstice Fisher UKCP, is a psychotherapist and trainer and has been involved with Buddhism for over 30 years. She works as a shamanic practitioner with individuals and groups and teaches courses on Shamanism specifically for therapists and counsellors.

Monday 6th February, 2012

Working relationally: a postmodern approach to integration

Els van Ooijen has a private psychotherapy and supervision practice in Bristol and is a visiting lecturer at the University of Wales/Newport. Together with her colleague Ariana Faris she developed the 'relational-integrative model'.

Monday 5th March, 2012

Emotional Impact of Adoption

Rosemary Baragwanath, Adoption Support Social Worker and Carrie Quine, Practice Manager/Social Worker and Adopter will be giving a presentation on the issues arising from modern day adoptions from the perspective of the adoption triangle, and the issues practitioners need to be aware of.

Monday 2nd April, 2012

Creative Writing in the Counselling Room: Metaphor, Meaning and Mending Broken Stories

Claire Williamson is a writer and practitioner in Therapeutic Writing. She is Programme Leader for Metanoia's MSc in Creative Writing for Therapeutic Purposes and has published a number of essays on the topic and two narrative poetry collections.

Monday 21st May, 2012

Healing through the Arts: The role of Creativity and Imagination in Psychotherapy

Annie Fienburg and Josie Eckoldt are Integrative Arts psychotherapists (UKCP) who use a variety of artistic modalities to facilitate their psychotherapeutic work with adults and children. Both have private psychotherapy and supervision practices in Buckinghamshire and Bristol respectively. Josie is also a European accredited EMDR practitioner.

Monday 18th June, 2012

RECEIVING: Learn How Pessó Boyden Therapists Think About Those Who Find It Difficult to Take In.

Many therapists are very good at giving out, but not so good at receiving. Juliet Grayson (UKCP Acc) will use concepts from the Pessó Boyden System Psychomotor to explore why that may be. www.therapyandcounselling.co.uk

All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps with lift then available). Evening meetings are from 7:30 to 9:30pm.