

**TALKS AND WORKSHOPS ON**  
**Counselling & Psychotherapy**

**BRISTOL PSYCHOTHERAPY ASSOCIATION**

2010- 2011

**What is the BPA?**

The Bristol Psychotherapy Association (BPA) was established in 1977 to foster the development of psychotherapeutic work in Bristol.

The BPA is an independent organisation which promotes the practice, study and teaching of counselling and psychotherapy. It does not itself provide training or accreditation.

Evening meetings are normally held on Mondays in The Randall Room of All Saints Church at the Pembroke Road end of Alma Vale Road.

Guest speakers come from a wide range of therapeutic disciplines.

**Meetings**

Meetings are free to members with a small charge made for non-members. Refreshments are available during the evening. A bookstall may be provided at certain meetings.

**Membership**

Membership is open to anyone whose work or training involves them in practice, education or training in psychotherapy, counselling or related fields. Application forms can be obtained from the membership secretary or other committee members. These ask for details of training and experience and applicants should be supported by two existing members. However, if you do not know any BPA members or are new to the area, please feel free to introduce yourself to a member of the committee.

**Bulletin**

Members receive a termly issue of the Bulletin, which includes information about forthcoming events, articles, letters and other contributions of interest.

**Committee**

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**BRISTOL PSYCHOTHERAPY ASSOCIATION**

If you would like to join BPA, or would like further information about membership, please complete and return this slip to: **BPA Membership Secretary, 8 Longford Avenue, Bristol BS9 5LL**

Name.....Tel.....

Address.....

[www.bristol-psychotherapy-association.org.uk](http://www.bristol-psychotherapy-association.org.uk)

# BRISTOL PSYCHOTHERAPY ASSOCIATION

2010- 2011 Winter/ Spring/Summer Terms

## Monday 4<sup>th</sup> October, 2010

### **Bonding Trauma and Symbiotic Entanglement: Fragmentation and Integration**

Vivian Broughton is a Gestalt Psychotherapist and Constellations Facilitator. Since 2000 she has focused on Hellinger's constellations method, and since 2005 on Franz Ruppert's trans-generational trauma research and practice. She has recently published a book on systemic constellations. [www.vivianbroughton.co.uk](http://www.vivianbroughton.co.uk).

## Monday 1<sup>st</sup> November

### **Group Analysis – a first choice treatment**

Amelie Noack is a Jungian Analyst and Training Group Analyst, working in private practice in London and Bristol. She teaches and supervises in the UK and abroad, combining Jungian Analysis, Group Analysis and Winnicott's contribution. She also holds Social Dreaming events.

## Monday 13<sup>th</sup> December

### **When the Spiritual Enters the Consulting Room – What, if anything, do we do with it?**

John Ruffle is an Integrative Psychotherapist. He works in private Practice and has taught on a Foundation Degree Course in Counselling. He has set up a counselling and pastoral care service for Church of England clergy, and has worked for the NHS.

## Monday 17<sup>th</sup> January, 2011

### **Reflective Practice – Where is the reflective bit?**

Michael Carroll, Ph.D. is a Fellow of the British Association for Counselling and Psychotherapy, a Chartered Counselling Psychologist and a BACP Senior Registered Practitioner. He is the winner of the 2001 British Psychological Society Award for Distinguished Contributions to Professional Psychology. A list of his publications can be found on his website: [www.supervisioncentre.com](http://www.supervisioncentre.com)

## Monday 7<sup>th</sup> February

### **Talking about Sex**

Juliet Grayson is a UKCP Psychosexual therapist (and supervisor) who has specialised in working with relationships and sexual problems since 1994. She strongly feels that all therapists should be willing and able to discuss sex with all their clients. [www.therapyandcounselling.co.uk](http://www.therapyandcounselling.co.uk)

## Monday 7<sup>th</sup> March

### **Therapy without a therapist - An open space**

Martin Wells is a consultant psychotherapist working in the NHS in the South West. He has been teaching meditation to service users and staff for over 20 years. He also leads retreats in Spain, India and Scotland.

## Monday 4<sup>th</sup> April

### **Don't worry, be happy! An exploration of what happens when anxiety is repressed**

Fiona Gardner is a psychoanalytic psychotherapist currently working as award leader for the MA in Counselling and Psychotherapy Practice at Bath Spa University. She is the author of four books including Researching, Reflecting and Writing about Work co-edited with Steve Coombs ( Routledge 2010).

## Monday 16<sup>th</sup> May

### **How to work when therapy isn't working; Embodied Pathways Towards Resolving Impasses, Breakdowns and Enactments**

Michael Soth is an experienced therapist, supervisor and trainer who has been practicing as well as teaching counsellors and psychotherapists for more than two decades. For many years he worked as Training Director of the Chiron Centre for Body Psychotherapy. [www.soth.co.uk](http://www.soth.co.uk)

## Monday 6<sup>th</sup> June

### **Life stories: a relevant research approach for counsellors and psychotherapists**

Kim Etherington is a counsellor, supervisor, trainer and consultant for statutory and voluntary agencies, nationally and internationally. She has published extensively, particularly in the areas of trauma, abuse and narrative inquiry. [kim.etherington.com](http://kim.etherington.com)

**All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps with lift then available). Evening meetings are from 7:30 to 9:30pm.**