

TALKS AND WORKSHOPS ON
Counselling & Psychotherapy

BRISTOL PSYCHOTHERAPY ASSOCIATION

2016

What is the BPA?

The Bristol Psychotherapy Association (BPA) was established in 1977 to foster the development of psychotherapeutic work in Bristol.

The BPA is an independent organisation which promotes the practice, study and teaching of counselling and psychotherapy. It does not itself provide training or accreditation, although CPD certificates are issued to attendees on request.

Evening meetings are normally held on Mondays in The Randall Room of All Saints Church at the Pembroke Road end of Alma Vale Road.

Guest speakers come from a wide range of therapeutic disciplines.

Meetings

Meetings are free to members with an entrance charge (currently £10) for non-members. Refreshments are available during the evening. A bookstall may be provided at certain meetings.

Membership

Membership is open to anyone whose work or training involves them in practice, education or training in psychotherapy, counselling or related fields. Application forms can be obtained from the membership secretary or other committee members.

Special student discount this academic year – see website for details!

Website

The BPA Website includes information about forthcoming events, links to further material from speakers and other contributions of interest.

www.bristol-psychotherapy-association.org.uk

Committee

Josie Eckoldt (Chair)
0117 962 8854
info@artspsychotherapynetwork.com

Jim Sidgwick
0117 962 3419
jimsidgwick@gmail.com

Terry Davey
07969 000 317
terry@fulcrumhouse.co.uk

Cyrus Keyani
0117 909 0291
ckeyani@yahoo.co.uk

Alex King
07837 054 159
alexking-counselling@yahoo.co.uk

Administrator and Membership Secretary

Jan Simpson
0117 950 9059
janmesimpson@gmail.com

BRISTOL PSYCHOTHERAPY ASSOCIATION

If you would like to join BPA, or would like further information about membership, please complete and return this slip to:
BPA Membership Secretary, 8 Longford Avenue, Bristol BS10 5LL

Name..... **Tel**.....

Address.....

..... **Postcode:**.....

email:.....

BRISTOL PSYCHOTHERAPY ASSOCIATION

2016 Spring/Summer/ Autumn Terms

Monday 18th January, 2016

Birth Trauma: The life long consequences on our physical and emotional wellbeing

Matthew Appleton is a body-psychotherapist working in private practice in Bristol and a member of the International Society of Pre and Perinatal Psychology and Medicine. He facilitates workshops for adults to explore their prenatal and birth experiences, as well as training health professionals to work therapeutically with babies. matthew-appleton.co.uk

Monday 1st February, 2016

The Phone Call From Hell: What do we do as a therapist when a sex offender calls?

Juliet Grayson is a UKCP Psychosexual therapist (and supervisor) who has specialised in working with relationships and sexual problems since 1994. She strongly feels that all therapists should be willing and able to discuss sex with all their clients. www.therapyandcounselling.co.uk

Monday 7th March, 2016

The Looser Thread: The Yin and Yang of untangling knots in experience

Rob Porteous spent 28 years teaching English before retraining as a counsellor at BCPC. For the last 15 years he has worked in private practice in Bristol. He was administrator of the C.G.Jung lectures. He is doing an apprenticeship in Movement Medicine and is a volunteer for Bristol Refugee Rights.

Monday 4th April, 2016

Making sense of things - the neglected core of therapy...?

Arthur Musgrave works in private practice in Bristol. Two decades ago he sat on the then BAC's Standards and Ethics Committee. He's now more critical of some of the long-term trends in counselling and psychotherapy.

Monday 16th May, 2016

Spirit Possession - an uninvited visitor in the therapy room?

Xanthe Parkin is a Chiron trained Body Psychotherapist working primarily in London. Intrigued by altered states and the many layers of self which emerge in the consulting room, she has undertaken further extensive trainings in Shamanic Healing and Amanae Energetic bodywork, elements of which she integrates into her psychotherapeutic approach.

Monday 6th June, 2016

Moving from Shame to Compassion in Supervision

Karl Gregory is an integrative counsellor using relational, existential and systems approaches with 18-years of private practice in Brockworth, Gloucestershire. He is co-founder of Severn Talking Therapy (www.severntalkingtherapy.co.uk), established as a vehicle to run an annual supervision conference, a Diploma in Supervision course and workshops.

Monday 3rd October, 2016

Building Resilience in Older People: a new approach based on humanistic psychology

Guy Robertson is the Director of Positive Ageing Associates and author of 'How to Age Positively: a handbook for positive change in later life'. Positive Ageing Associates is an organisation specialising in promoting positive approaches to later life at both personal and organisational level. www.positiveageing.org.uk

Monday 7th November, 2016

Staying Relational Despite All the Rules

Dr Els van Ooijen is a relational-integrative psychotherapist, counsellor and supervisor in private practice in Bristol. She has more than twenty years experience, has written several books and was instrumental in the development of the Postgraduate Diploma in Consultative Supervision at the University of South Wales. Her website is: www.nepenthe.org.uk

Monday 5th December, 2016

Tackling Abuse on the Front-Line - a community based charity perspective

Dr Mike Peirce MBE is founder and chief officer of The Southmead Project a charity that provides therapeutic and practical support to adult survivors of child abuse who have turned to drugs, alcohol and other ways of self-harming in order to suppress the emotions that follow such trauma. Mike will discuss his work and share his learned experience.

All meetings are at the Randall Room, All Saints Church, at the Pembroke Road end of Alma Vale Road, Clifton (up 10 steps or level access through front of church to lift).

Evening meetings are from 7:30 to 9:15pm (doors open 7:15). Non-members £10